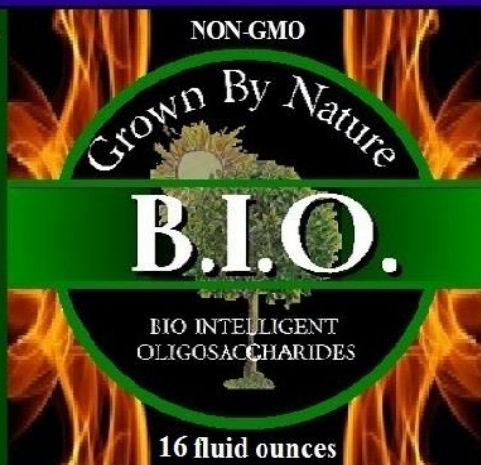


Recommended Intake: 1 Fluid oz. (30 ml)
Serving Suggestion: Either drink or mix 1 fluid oz. 40 minutes prior to activity or daily as a dietary supplement. For optimum results with activity, consume another serving (1 oz.) immediately following activity to aid in recovery.
Mixing Suggestion: Combine 1 oz. of B.I.O. with 2 oz. fruit juice. (Not Tomato)
Ingredients: Filtered Water, Phosphorylated Glucose/Fructose (naturally occurring as part of a food complex), Vitamin C with Bioflavonoids (in Amino Acid Base as a complexed food component mixture), *Calcium, *Magnesium, *Potassium, *G.T.F. Chromium, *Vanadium, *Phosphorus
 *Organically bound in Mineral-Enhanced Yeast
 -Absolutely no Preservatives, Artificial Colors, Flavors or Isolated U.S.P. Chemicals.
 -Suitable for Vegetarians



NON-GMO
 *Grown By Nature's liquid B.I.O. is made with whole food organic ingredients, void of U.S.P. (United States Pharmacopoeia) grade chemical nutrients. B.I.O. is a Bio Intelligent formula that is better absorbed, retained and utilized. We only use Re-Natured® nutrients which have all the necessary nutrient Carrier Food Factors: proteins, complex carbohydrates, amino acids, enzymes and lipids.
 -Do not use if Safety Seal is broken or missing
 -Do not exceed recommended dose
 -Refrigeration ideal, not necessary
 -Keep out of Children's reach
 -No live Yeast at time of manufacture
 Best Before: March 2016

Supplement Facts:
 Serving size- 1 oz. (approx. 30 ml.)
 Each Serving size provides: %RDA

| | | |
|----------------------|---------|------|
| Protein: | 2g | * |
| Complex Carbohydrate | 7g | * |
| Phosphorous | 78 mg | <1% |
| Bioflavonoids | 15 mg | * |
| Vitamin C | 150 mg | 250% |
| Calcium | 36 mg | 3% |
| Chromium | 250 mcg | 208% |
| Magnesium | 30 mg | <1% |
| Potassium | 50 mg | * |
| Vanadium | 7.8 mcg | * |

* = No RDA established
 NOTE to Diabetics: Some have decreased their need for Insulin with use, therefore consult with your physician.
 Made for Distribution by:
 Grown By Nature
 Chaska, MN 55318
 www.grownbynature.com

B.I.O., a bulk ingredient energy concentrate contains all of the natural building blocks of protein (16 essential amino acids), complex carbohydrates, bio-flavonoids, bio-natured vitamin C, phosphorus, vanadium, GTF Chromium and nutritional electrolytes (potassium, sodium, calcium, magnesium).

B.I.O. is a highly concentrated energy drink, which supplies elevated amounts of energy with low calorie intake. Active people and athletes need additional energy resources when competing or exercising.

Ordinary energy supplements only provide isolated food derivatives such as carbohydrates, proteins and sugar products. In contrast, the building blocks found in B.I.O. are food energy without the bulk, cellulose, fats and starches that you don't want just prior to exercise.

Testimonials:

"I was in the United States Marine Corps from 2001 to 2012. Six of those years I spent with Marine Amphibious Reconnaissance. Less than one percent of the Marine Corps can claim the title of Recon Marine, so I had to make sure I was in top physical and mental shape at all times. At any given time my teammates may have needed me. They needed me at my best. Grown By Nature B.I.O. helped me maintain a readiness that many counted on.

The physical demand of the Marine Corps was serious. My muscles would cramp and tighten. I remember this feeling after we would do a run, swim, run. A run, swim, run consisted of a six to eight mile run, straight into a two thousand meter swim or fin, directly followed by another six to eight mile run back. I started using GBN B.I.O. and it definitely helped with my muscle tightness and cramping. I even saw a distinct improvement to my energy level on my run back. It was great!

Treading water for 45 minutes in full camouflage utilities was a common occurrence for us. During that 45 minutes in the pool, we had to pass around five and ten pound weights. I'm certain GBN B.I.O. gave me an extra physical and mental boost when fatigue started to set in. It was nice to know that I could perform at such a high level.

I could go on and on about how I benefited from GBN B.I.O. It helped my energy level, my muscle stamina and my mental focus. I have tested out plenty of pre-workout supplements that are on the market today, in search of the perfect combo of energy and focus, and I truly believe that I found GBN B.I.O. to work the best. GBN B.I.O. gives me the results I am looking for without the jitters that I experienced with other supplements that I have tried. If you are looking for a something that works, you may want to try GBN B.I.O."



B. Hunt (United States Marines)